

Winkleigh Parish Council - Community Resilience Plan.

Winkleigh Parish. **HOUSEHOLD EMERGENCY ADVICE.**

COPIES OF THIS EMERGENCY ADVICE ARE AVAILABLE:

A copy can be viewed or downloaded from the Parish Council **Website** winkleighpc.org.uk or from the **Parish Council Clerk**: Melanie Bickell, Lower Itton, Spreyton EX17 5BB, 01837 89095 winkleighpc1@btconnect.com.
Cllr contacts/Emergency numbers are on **Parish Council noticeboards** in Winkleigh (Square) and Hollocombe.

EXAMPLES OF EMERGENCY SITUATIONS

When the Parish of Winkleigh & Hollocombe is subject to adverse weather conditions or an emergency situation, knowledge of this emergency advice should minimize the impact to those affected. The following information provides details on how to get help or assistance if you or a vulnerable person needs it.

1. Heavy Snowfall; (isolating the Parish for an unacceptable period).
2. Flooding.
3. Severe storm – wind and rain. (Causing structural damage to property and/or uprooting of trees).
4. Electrical power cuts or loss of land line telephone services likely in adverse weather.
5. Road traffic Accident; (major incident – possibly involving H.G.V.'s carrying hazardous loads, risk of explosion, water or air pollution; all a threat to life and property).
6. Aircraft Crash; Winkleigh is in the MOD low flying zone. Should an aircraft crash in the parish this could cause a catastrophic incident depending on the location.
7. Fire: (major incident involving several properties (possibly; domestic, farm or commercial) and requiring the affected property and surrounding properties to be evacuated).
8. Environmental contamination.

Defibrillators:

In the event of cardiac arrest, Winkleigh has 2 defibrillators, one is located in Winkleigh Village Square, adjacent to the Parish Council Notice Board (beside the Kings Arms and red 'phone box) and the other is located outside the main doors to the Sports Centre (opposite the Cemetery) Instructions for use are included inside the device box and are clear and easy to follow. It is imperative that in the first instance, you dial 999 to summon the ambulance.

Emergency Shelter:

Winkleigh is fortunate in having several places of shelter should an emergency evacuation be necessary.

Primary Shelter:

The Sports Centre, Winkleigh. EX19 8HZ

Access if the Council's Resilience Plan has been activated: Contact the Parish Council Clerk or a Cllr (*contact list at end of this document*). Winkleigh is well served by additional halls, churches and a primary school; these *could* be accessed if the emergency warranted.

Information:

The following information is about helping you to be prepared in an emergency situation, what to have to hand and where to find useful information. Updates on what to do and how

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to help yourself can also be found by listening to local radio/television/relevant websites. Social media is also becoming widely used.

If for any reason you are unable to access any of these sources of information and have concerns about what to do please contact a Cllr (details can be found in this document or on the Parish Council Noticeboards in Winkleigh & Hollocombe)

Look Out For People with additional needs: If you are concerned either for a neighbour, relative or friend then (depending on the circumstances) contact the appropriate emergency service (telephone 999) or a Parish Councillor for advice, (*contact list at end of this document*).

In winter: Check any elderly / vulnerable neighbours; do they have access to hot drinks / food and a method of staying warm? Offer to collect some essentials from the local shop and bring in some firewood, coal / logs for them. If the person is suffering from the cold or sickness you should always dial 999 and seek professional help.

Aqua Sacs: (a type of gel filled sand bag) are recommended by Torridge District Council, if you have concerned about your property flooding these can be purchased online from www.icbrindle.com/Aqua-Sac.html

Aqua-Sac® is a sturdy jute sack containing a superabsorbent polymer (as used in disposable nappies!). When soaked in water for approx 5 minutes, it expands to over 30 times its original size. When inflated, the bag weighs 13kg and measures 54 x 31 x 10.5 cm. Can be reused, subject to a drying-out period and provided they have not been contaminated by chemicals, sewerage etc.

Supplied in sealed packs of 5 bags, with a shelf-life in excess of 5 years.

Prices from £23.25 + VAT per pack of 5 bags (equivalent to £4.65 + VAT per bag), with substantial discounts available for higher quantities.

Please note; other types of sand bags/dry sacs are available from other suppliers.

Household Emergency Plan.

Emergencies can affect the Parish with little or no notice. Being prepared can help reduce the effects on your families' lives, reduce the need for help from others.

Disruption to essential services such as water and electricity, to regional and national travel and telecoms are all ways an emergency can affect our busy everyday lives.

If you are not involved in an incident but are close by or believe you may be in danger, in most cases the advice is: **GO IN, STAY IN, TUNE IN.**

Station	Frequency	Website
BBC Radio Devon	94.8, 95.8, 96, 103.4, 104.3 FM	www.bbc.co.uk/devon

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Complete the following sections and keep the plan in a safe place that all members of your household can easily access:

INFORM THE REST OF YOUR HOUSEHOLD

Household Contact Details		
Name	Mobile	Work

If you are evacuated is there somewhere you can go? Friends or Family?

If you can't contact each other, where should you meet / or who should you leave a message with?

Who will be responsible for picking the children up from school? (If applicable)

Here are some useful tips how you can help yourself and be better prepared in a time of emergency.

Before winter/adverse weather conditions, check your store cupboards.

Suggested Emergency Store Cupboard:

THREE DAYS supply - if you have to remain in your home for a significant period of time, i.e. prolonged period of snow (*relative to the number of people in your home*).

Medication (prescription and standard medication, pain relief, flu/cold medication, first aid kit, etc); candles & matches (stored away from children); toilet rolls/toiletries; long life milk; dried/tinned food stuffs (don't rely on frozen food); bottled water; tea/coffee; high energy cereal bars; camping stove (plus spare gas); pet food (if applicable), hot water bottles etc.

Note: This is not an exhaustive list, you may wish to add other items for your own comfort. Check your Emergency Store Cupboard regularly.

Emergency Bag:

Packed and ready - if you have to leave your home in a hurry/evacuated:

Printed/written list of all persons in household with their prescription medication and dosages.

First aid kit; antibacterial hand gel/disposable gloves; important computer information stored on disk/USB; bottled water; wind-up torch or torch with fully charged batteries; wind-up radio (optional); notebook and pen/pencil; snack bars/chocolate; toiletries. Special items eg; glasses, contact lenses, items for babies, family medication etc. Any other items you may need (toys, puzzles, etc).

If you have blankets/sleeping bags it is a good idea to keep them somewhere they are easily accessible should you need to move to emergency shelter.

Items to put into your bag as and when you are evacuated:

Mobile phone (fully charged and credit loaded, if applicable); cash/debit/credit cards; useful telephone numbers and email addresses.

Emergency Bag for your car:

In case you are stuck in your car, it would be wise to have the following: bottled water, blanket, snacks, torch & spare batteries, Mobile phone (fully charged and credit loaded, if

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applicable); useful telephone numbers. **Note:** This is not an exhaustive list, you may wish to add other items for your own comfort.

Extreme Weather:

Cold Weather: In cold weather ensure you have a good supply of warm, dry clothing to hand if you have to leave your home in a hurry.

Hot Weather: In hot weather, the main risks posed are:-

- **Dehydration** (body lacking sufficient water).
- **Sun** (ensure you have sun hat/sun protection cream & light clothing).

Flood Emergency Advice:

Floodwater rises rapidly so if there is a flood warning, don't hope for the best, ACT EARLY.

www.environment-agency.gov.uk

Make A Note Of These Handy Tips, They Will Be Of Use In Case Of Flooding:

In the unlikely event of a flood in most areas of the Parish, there are a few 'flash points' that will flood from time to time - make yourself aware of these areas and be prepared. Do not drive into floodwater, the road might have been washed away and your vehicle could be swept into a swollen stream or river.

Check flood warnings at the Environment Agency website.

If You Own Pets Or Livestock, Do You Know What To Do With Them If It Floods?

Think ahead – before a flood (Livestock)

1. Act early. Don't wait for a disaster to decide what to do.
2. Draw up an evacuation plan for your livestock.
3. Make sure you can be contacted in an emergency and keep phone numbers of people who can help you move your animals.

If you have pets

1. Make sure you have suitable carriers for small animals.
2. Keep a supply of food for evacuation.
3. Bring all small animals inside and if possible, upstairs.
4. Move food, bedding and fresh water to somewhere dry.

If you are in a position where you are able to offer help to your community, start by checking that your neighbours are alright.

Name	Address	Home Telephone	Mobile

Useful Websites	
Devon County Council	www.devon.gov.uk and search Emergency Planning
Environment Agency	www.environment-agency.gov.uk
BBC Devon	www.bbc.co.uk/devon

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